



Practice News

ISSUE 1

SPRING 2010

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Get to Know Our Newest Physician *Nelly Mizrahi, M.D.*



We are very pleased to welcome Dr. Nelly Mizrahi to Boyle & Toth Family Medicine. Dr. Mizrahi, who joined the practice in December 2009, is Board Certified in Family Medicine and was previously part of the Northeast Georgia Physicians Group in Gainesville, Ga.

Fluent in Spanish as well as English, Dr. Mizrahi received her medical degree from the Central University of Venezuela in Caracas, Venezuela in

1994. Following medical school, she initially focused on surgery, including a research fellowship in Colorectal Surgery at the prestigious Cleveland Clinic Florida from 2000-2002. However, she eventually recognized that her true passion was for Family Medicine, and went on to complete a Family Practice residency at Atlanta Medical Center in 2006. Dr. Mizrahi is a member of the American Academy of Family Physicians and the Georgia Academy of Family Physicians.

Medical Aesthetics

Now Offering Botox® Treatments

Medical aesthetics refers to the medically-supervised use of FDA-approved products, including injectables, to achieve cosmetic enhancements. It is important to us that any such services that we offer are safe and provide our patients maximum benefits with minimum risk.

To this end, Dr. Boyle recently obtained American Academy of Family Physicians training and certification

for basic and advanced Botox® techniques. Botox® treatments are used to soften some of the facial lines that develop as we age; while Botox® is primarily used for frown lines, it can also be used for crow's feet, forehead lines, marionette lines and lip lines. The effects of Botox® facial injections last approximately three months then fade away gradually.

continued on reverse

Did You Know?

- Boyle and Toth Family Medicine is a “doctor only” facility – you will ALWAYS see a physician at our office!
- We utilize hospitalists (doctors who exclusively provide medical care for hospitalized patients), allowing us to be available to our patients in the office, and ensuring that our hospitalized patients will receive focused care.
- All of our doctors are members of the Georgia Academy of Family Physicians.
- Dr. Boyle is a Fellow of the American Academy of Family Physicians and was a Medical Officer with the U.S. Navy.
- Dr. Toth was voted a “Best of Gwinnett” Physician by readers of *Gwinnett Magazine* and is the Medical Director of the Haiti Twinning Program in Hinche, Haiti.
- Se habla español aquí!



Medical Aesthetics *(continued)*

Botox® injections are also suitable for the treatment of excessive sweating in the armpits and hands that has not responded to usual treatment. This application is often partially covered by insurance plans and is effective for approximately seven months between injections.

Dr. Boyle offers a free initial Botox® consultation and one free touch-up after the first treatment. We plan to add other medical aesthetic techniques in the near future, including Latisse® (treatment for eyelash growth) and facial fillers!

Skin Cancer Screening *Early Detection is the Key to Cure*

This is the time of year when we're all showing a little more skin, so take a moment to focus on your skin health! Skin cancer is the most common form of cancer in the United States, and one in five Americans will develop some type of skin cancer in their lifetimes. Like any cancer, skin cancer can be deadly, but it's also completely curable if diagnosed and treated early.

While you should certainly take precautions against unnecessary sun exposure, including use of sunscreen with an SPF of 15 or higher, doing so does not guarantee that you will never develop skin cancer. The Skin Cancer Foundation recommends that everyone perform monthly skin self-examinations for early detection, along with having an

annual skin cancer screening performed by a physician.

If you have never done skin self-examinations, it's particularly important to have a physician perform a baseline screening. A skin cancer screening simply involves a visual



inspection of your skin and can be performed by your family physician. In

addition to being able to examine areas that you can't see easily yourself, your doctor can point out the existing spots, freckles, or moles that are normal or treat any that may not be.

For more information, visit www.skincancer.org.

A reminder for our patients:

Please bring your insurance card and picture ID to every visit!

Office Notes

- We are accepting new patients.
- We accept most major insurance plans, including traditional Medicare and TriCare.
- We offer time of service/self-pay discounts for uninsured patients.
- We accept major credit cards.
- We offer in house lab services, EKG, PFT, audiograms and ultrasounds.
- We offer wellness exams for children ages 5 and up and adults.
- We offer DOT and school physicals.

Office Hours

Monday - Thursday
8:30 am - 5:00 pm

Friday
8:30 am - 4:00 pm

Saturday
Hours vary between 9:00 am - Noon and 9:00 am - 2:00 pm.

Extended hours appointments are sometimes available (before and after regular office hours). Call us at (770) 622-0880 for details.